

Overeaters Anonymous
Postbus 61025, 1005 HA Amsterdam
National Information number: (020) 627 48 20
Website: www.anonieme-overeters.nl
Email: info@anonieme-overeters.nl

The following meetings are accessible to everybody who wants to stop eating compulsively. You don't need to register to visit. Nearly all meetings are closed, meaning they are accessible only to people with a desire to stop eating compulsively. Some meetings are "open", which means everybody is welcome to visit this meeting.

Alkmaar
Tuesday evening 19.45 – 20.45 hr (Dutch)
 "Huis van de wijk" De Alkenhorst
 Schelfhoutlaan 4, 1816 LG
 Contactperson: Jolanda 06-13383535
Big Book Meeting

Thursday evening 19.45 – 20.45 hr (Dutch)
 "Huis van de wijk" De Alkenhorst
 Schelfhoutlaan 4, 1816 LG
 Contactperson: Jolanda: 0613383535

Amersfoort
Wednesday 19.30 - 20.30 hr (Dutch)
 Utrechtseweg 11-13, 3811 NA in Amersfoort
 Contactperson: Marieke 0(031)6 27 90 48 57
 e-mail: ao.amersfoort@gmail.com

Amsterdam
Monday morning 10.30 – 11.30 hr (Dutch)
 Nieuwezijds Voorburgwal 282-A
 Contactperson: Beth: 023-7517919

Monday evening 20.00 – 21.30 hr (Dutch)
 Jellinek Clinic - Jacob Obrechtstraat 92, 1071 KR
 Contactperson: Loes 0(031)6 20 48 17 89
Literature sale after the meeting
Open meeting at the 1st of the month

Wednesday evening 19.00 – 20.00 hr (English)
 Jellinek Clinic - Jacob Obrechtstraat 92, 1071 KR
 Contactperson: Diana 0(031) 6 46 75 30 66
Open meeting, English speaking

Saturday morning 11.00 – 12.30 hr (Dutch)
 Jellinek Clinic - Jacob Obrechtstraat 92, 1071 KR

Contactperson: Diana 0(031) 6 46 75 30 66

Sunday morning 11.00 – 12.00 hr (Dutch)
 Van Limburg Stirumstraat 119, 1051 BA.
 Instead of the main entrance take the door left, near the corner
 Contactperson: Claudia 06-11755003
Literature sale after the meeting

Breda
Tuesday evening 20:00 – 21:55 hr (Dutch/English)
 Edisonplein 5, Breda 200m from CS
 Contactperson: Levi: 0641949127
Open meeting + Literature sale after meeting

Den Bosch
Thursday evening 20.00 – 21.30 hr (Dutch)
 Ismes Huis - Brede Haven 26, 5211 LT 's- Hertogenbosch
 Contactperson: Cindy: 06 44 91 22 83
Open meeting, Literature Sale after the meeting

Den Haag
Monday evening 19.45 - 20.45 hr (Dutch)
 Lijnbaan 4 (building PsyQ)
 2512 VA Den Haag
 OV: tram 2,3,4,6 Stop: MCH Westeinde
 Free parking: via main entrée of the hospital, left downstairs at the parking garage. Call PsyQ.
 Contactperson: Karen 06-28610323
Literature sale after the meeting

Saturday morning 11.00 – 12.15 hr (Dutch)
 11th step meeting "Seeking the Spiritual Path"
 Het Stadsklooster, Westeinde 101 2512 GW Den Haag
 Contactperson: Aad 0(031)6 83 96 52 65
Open meeting, English speaking
Literature sale after the meeting

Dordrecht
Sunday 11.00 – 12.00 hr
 Buurthuis "De nieuwe Stoof"
 Savornin Lohmanweg 100, 3317 LA Dordrecht
 Contactperson: Floor 06-41452753
Open meeting + Literature sale after the meeting

Eindhoven
Tuesday 19:30 – 20:45 hr

Bomanshof
 Pastoriestraat 147, Eindhoven
 Contactperson:
 Luciana tel: 0651278028

Groningen
Tuesday evening 20.00 – 21.30 hr (Dutch)
 Lorentzstraat 11, 9727 HW
 Contactperson: Paul 0(031)6 28 23 86 64 or 0(031)592 408 433
Please call upfront!

Rotterdam
Tuesday evening 19.30-20.45 hr (Dutch)
 Building "Akropolis"
 Achillesstraat 290, 3054 RL
 Contactperson: Lilian 0(031)6 28 23 55 87
Open meeting + Literature sale after the meeting

Thursday evening 20.15 – 21.30 hr (Dutch)
 Building "Akropolis"
 Achillesstraat 290, 3054 RL
 Contactperson: Margot 06 11 04 56 80
Open meeting + Literature sale after the meeting

Saturday morning 09:45 – 11:00 hr (Dutch)
 Wijkgebouw Stadsdriehoek
 Kipstraat 37, Rotterdam
 Contactperson: Christa 06-42667991
Open meeting + Literature sale after the meeting

Tilburg
Friday evening 17.30-19.00 hr (Dutch)
 Trubendorffer, Spoorlaan 424, 5038 CG Tilburg.
 Contactperson: Miranda 0618159410

Utrecht
Monday evening 19.45 – 21:00 hr (Dutch)
 Burtthuis Kanaleneiland
 Livingstonelaan 1350, 3526 JX Utrecht
 Contact person: Bregje 06 42 20 78 84
Literature sale after the meeting
Closed at holidays (feestdagen)

[Online meetings can be found on the next page!](#)

Online bijeenkomsten, Dutch spoken

De Skype meetings vinden plaats op:

*Monday 10.00 – 11.00 (gesproken meeting)

*Tuesday 10.00 – 11.00 (gesproken meeting)

*Wednesday 10.00 – 11.00 (gesproken meeting)

Sometimes this meeting gets cancelled if there are too little volunteers

*Friday 21.00–22.00 (geschreven meeting)

*Sunday van 21.00 – 22.00 (geschreven meeting)

Contactpersons online meetings: Nynke

0644390590 of Monique 0628354598.